

Sport

BTEC Level 3 Diploma in Sport (Development, Coaching and Fitness)

Location:

The International School

 Duration:

2 years

Level of course:

Level 3

 Exam board:

Edexcel

Are there any entry requirements?

You need to have achieved 5 A-C including English at GCSE level. A level 2 qualification in PE/Sport is also ideal but not essential.*

You must also need to have an interest in sport but not necessarily excel at it, good communication skills, good organisational skills and a drive to do well and exceed expectations.

What will I study?

The course consists of 8 core units and 5 optional units covering anatomy, physiology, nutrition, fitness and coaching amongst others. The course is both practical and classroom based and there is the opportunity to also gain the level 2 coaching award alongside the BTEC. You will also be expected, as part of one unit, to undertake a 10 hour work experience in a sport setting.

Assessment: How will I be assessed?

You will complete 13 units totaling 120 credits which are all teacher assessed in the form of assignments, practical work and research.

What can I do after this course?

It is ideal for those who wish to pursue a career in coaching or sports leadership, or progress to industry-recognised qualifications. It can also lead into teaching or fitness qualifications (personal trainer).

Further details

You will have 10 hours per week studying the course and will study up to 3 units at a time throughout the 2 years.

For unit 25 you will be expected to find your own sport based work placement and carry out a 10 hour work experience at that placement.

You will need to have a CRB check done before undertaking this course.



Email contact

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